

Southport Healing Arts Center COVID19 Guidelines

For your review, the following are the current guidelines for the Southport Healing Arts building. These changes are being implemented to follow social distancing guidelines and decrease chances of spreading viruses between therapists and clients. Most changes are in response to the recommendations by the CDC, the ABMP, the NC Massage Licensing Board, and local government requirements.

1. Karin's clients will use the front door only. Becky's clients will use the back door only. (Mary Margaret will let you know which way to enter!)
2. Becky, Karin and Mary Margaret will coordinate timing of clients to maintain social distancing.
3. Therapists will open and close all doors throughout the building to decrease client exposure.
4. We ask that clients please wait outside or in their cars. The front lobby, benches and kitchen table are not available due to social distancing.
5. Therapists and clients will wear masks at all times while in the building. However it is a personal choice when in private treatment rooms and will be determined by the therapist and client.
6. Therapists will have a 30 minute buffer between clients to allow for thorough disinfecting of all areas that may have come in contact with potential viruses. This includes face cradles, tables, floors around the face cradle area, chairs, door knobs and doors, sinks, faucets, etc.
7. Dirty laundry will be rolled up and placed inside a closed laundry basket until it is washed.
8. Trash cans are changed to closed covers with foot pedals.
9. Installation of paper towel dispenser in bathroom.
10. Installation of touchless soap dispenser in bathroom.

We encourage you to take precautions, particularly if you are in the higher risk category. Talk to your doctors if you are not sure whether to schedule therapy appointments or not. We also ask that **if you have ANY possible viral symptoms, PLEASE DO NOT COME IN!** The NC Massage Board directs us to send you away if there is fever, coughing, sneezing or sniffing (even if it might just be allergies).